



TESTIMONIALS

Marny’s story and message is so impactful and important for the world to hear.  
**DEAN HANKEY:** The DEAN of Success

Marny Cringle’s story of adversity and resilience is inspirational, and her book is a roadmap for change for anyone struggling to overcome their own life challenges.  
**DEBORAH FAY:** Disruptive Publishing

MARNY CRINGLE

AUTHOR | SPEAKER | RESILIENCE EXPERT

TOPICS

- Take one small step at a time
- Celebrate small wins
- Resilience is about our beliefs
- Adapting to change and creating opportunities
- Determination to keep pushing forward and overcome obstacles

- Marny’s story embodies the essence of resilience, adaptability and determination. It’s a testament to how life’s challenges are opportunities for personal growth.

VALUE FOR THE AUDIENCE

- In 1996, Marny Cringle survived a life-threatening incident in the London Underground, followed by a battle with meningitis. Her indomitable spirit and unwavering determination led to her remarkable recovery over nine months in clinical settings.
- Her journey inspires us to take small steps toward our goals, demonstrating that these incremental efforts can lead to significant achievements

RESILIENCE

Demonstrates the power of resilience in the face of adversity.

ADAPTABILITY

Highlights the importance of adapting to changing circumstances.

DETERMINATION

Shows how unwavering determination can lead to triumph.

INSPIRATION

Provides motivation to overcome obstacles and pursue one’s desires.

PROGRESS

Encourages taking small steps for significant personal growth and achievement.

